ARENA DROP - IN SCHEDULE

SEPTEMBER 20 2026 - MAY 28 2027

DATE	NEW! FIGURE SKATE	PUBLIC SKATE	SHINNY HOCKEY	NEW! TEEN SKATE	NEW! 55+ DROP IN HOCKEY	NEW! 55+ DROP IN SKATE	FAMILY HOCKEY	NEW! SENSORY-FRIENDLY SKATE	NEW! PRE-SCHOOL HOCKEY	NEW! PARENT AND TOT SKATE	PICK UP HOCKEY
SUN		BOOM 103.5 FREE 5:30 - 6:45 PM SWAMP CATS ARENA									
MON	8:30 - 10:00 AM SWAMP CATS ARENA	2:30 - 3:30PM PERFORMANCE AREA	11:30 - 12:30PM PERFORMANCE ARENA	11:30 - 12:30PM SWAMP CATS ARENA					1:00 - 2:30 PM PERFORMANCE ARENA	10:00 - 11:30 AM SWAMP CATS ARENA	9:00 - 10:00PM PERFORMANCE ARENA 9:00 - 10:00PM SWAMP CATS ARENA (LADIES ONLY)
TUES		12:30 - 2:00PM SWAMP CATS ARENA	11:30 - 12:30PM PERFORMANCE ARENA 3:30 - 4:30PM SWAMP CATS ARENA		8:30 - 10:00 AM PERFORMANCE ARENA	10:00 - 11:30 AM PERFORMANCE ARENA		2:00 - 3:30 PM SWAMP CATS ARENA			
WED		2:30 - 3:30PM PERFORMANCE AREA	11:30 - 12:30PM PERFORMANCE ARENA	11:30 - 12:30PM SWAMP CATS ARENA	8:30 - 10:00 AM SWAMP CATS ARENA	10:00 - 11:30 AM SWAMP CATS ARENA			1:00 - 2:30 PM PERFORMANCE ARENA		9:00 - 10:00PM PERFORMANCE ARENA (LADIES ONLY)
THURS		12:30 - 2:00PM SWAMP CATS ARENA	11:30 - 12:30PM PERFORMANCE ARENA 3:30 - 4:30PM SWAMP CATS ARENA	11:30 - 12:30PM SWAMP CATS ARENA	8:30 - 10:00 AM PERFORMANCE ARENA	10:00 - 11:30 AM PERFORMANCE ARENA		2:00 - 3:30 PM SWAMP CATS ARENA			
FRI	8:30 - 10:00 AM SWAMP CATS ARENA	2:30- 5:30PM SWAMP CATS ARENA		11:30 - 12:30PM SWAMP CATS ARENA			2:30 - 5:30PM PERFORMANCE ARENA		1:00 - 2:30 PM PERFORMANCE ARENA	10:00 - 11:30 AM SWAMP CATS ARENA	
SAT		CENOVUS FREE 10:15 - 11:30 AM SWAMP CATS ARENA									9:00 - 10:00PM PERFORMANCE ARENA

Note: **Drop in times are subject to change for private bookings*

ARENA DROP - IN RULES

PUBLIC SKATING RULES

Public skate participants are to use the designated benches at the side entrance. Dressing rooms are not available for public skate.

- Maximum: 60 skaters on the ice at any given time.
- All skaters 16 years of age or under MUST wear CSA approved helmets while on the ice. It is recommended that all skaters wear CSA approved helmets.
- Carrying a child while on the ice is strictly prohibited (ask about approved support devices permitted on ice).
- Skaters shall travel in the same direction around the ice to avoid collisions.
- Slower skaters shall stay towards the center of the ice; and faster skaters shall skate closest to the boards.
- No sticks, balls, or pucks are allowed on the ice during public skating.
- No personal music players or headphones are allowed on the ice.
- Private lessons are not permitted during Open Ice or Public Skate times.
- Skate aids are available upon request.

Special Drop in Public Skates:

55+ Skate (Skaters 55+ years)
Teen Skate (Skaters 12-17 years)

Figure Skating
- Jumps, spins, and other figure skating elements must be performed with consideration for other skaters and only when sufficient space is available.

Parent and Tot
- Parent & Tot Skate is intended for young children and their parents/caregivers.
- Children must be actively supervised by a parent or responsible adult at all times.
- Strollers, and other skating aids are permitted only if approved by facility staff

Sensory Friendly Skate
- Sensory Skate provides a calm, low-stimulation skating environment for participants and their families.
- Participants must be supervised by a parent, caregiver, or responsible adult as appropriate.
- Please respect each participant's personal space and individual needs.
- Lighting may be reduced or modified to create a quieter environment.

STICK & PUCK DROP-IN HOCKEY RULES

Dressing rooms are available for select Stick & Puck sessions only. Please check the session details or confirm with Guest Services before arrival.

- Maximum of 28 players are allowed on ice at any given time
- All players and participants must wear CSA approved helmets while on the ice or bench (No Exceptions!)
- It is strongly recommended that all skaters wear full protective hockey gear/equipment to avoid potential injuries.
- Be considerate of other users and player abilities while on the ice.
- Physical contact and fighting are not permitted. Players may be asked to leave as a result.

Shinny (players 12-17 years. No dressing room)
55+ Drop in Hockey (players 55+ years & dressing room)
Pick-up Hockey (players 15 years and older & dressing room)
Preschool Hockey - (players 6 years and younger & dressing room)
- Is intended for young children and their parents/caregivers.
- Children must be actively supervised by a parent or responsible adult at all times.

Family Hockey (parents/guardians and their children under 12 years and dressing room
- Parents/guardians must always be on the ice with children (or inside player bench).
- Helmets are mandatory for all participants (includes player benches).

OPEN ICE RULES

Lac La Biche County offers open ice when arenas are not booked to maximize activity opportunities. Open Ice is offered on a first come first served basis.

- Sticks & pucks are permitted when leisure skaters are not on ice.
- Users must share the ice and play to a level that does not impede or endanger other's safety.
- Concerns shall be reported to staff immediately.