



Sunday July 16 th	Monday July 17 th	Tuesday July 18 th	Wednesday July 19 th	Thursday July 20 th	Friday July 21 st	Saturday July 22 nd
Colouring Contest Begins	Training Day Pool Closed				Swim to Survive 1:30-2pm	Colouring Contest Ends
		Dress Like a Lifeguard 2-4pm	Dress Like a Lifeguard 2-4pm	Dress Like a Lifeguard 2-4pm	Dress Like a Lifeguard 2-4pm	
		Try a Rescue 2:30pm & 3:30pm	Try a Rescue 2:30pm & 3:30pm	Try a Rescue 2:30pm & 3:30pm	Try a Rescue 2:30pm & 3:30pm	
		Lifeguard Demo 6:30pm	Lifeguard Demo 6:30pm	Lifeguard Demo 6:30pm	Lifeguard Demo 6:30pm	
Colouring Contest All Week!						



Lac La Biche County
welcoming by nature.

Contact us

780-623-6777

poolstaff@laclabichecounty.com

All activities are subject to change and/or cancellation with no notice.

Colouring Contest

4 prize packs containing goodies are up for grabs, including a 50% off discount for children's swimming lessons! Drop off your completed colouring sheet by **Saturday July 22nd to be entered to win.**

FREE

Dress Like a Lifeguard

Come to the 2-4pm open swim dressed up as a lifeguard and swim FREE! Adults and kids are encouraged to participate. Note, this has no cash value and isn't transferable to another day.

Try a Rescue

Each day, lifeguards will demonstrate and teach a lifesaving rescue skill, like throwing or reaching assists. Adults and kids are welcome to try it out, although you should be comfortable in deep water. Lifejackets are also available. Open swim fees apply.

Join us at 2:30 or 3:30pm

Lifeguard Demo

See what lifeguards do during this skills demonstration at the beginning of open swim! A Small team will show a mock rescue – if you're interested, ask us how you can become a lifeguard too!

Join us during open swim at 6:30pm – standard open swim fees apply.

FREE

Swim to Survive

Get the skills you need to survive a fall into deep water during this 30-minute class. Participants receive a certificate and sticker at the end, and get to swim FREE from 2-4pm!

Every Friday from 1:30-2pm.